

Jack Sprat

CAFE

starters

- ★ **Caprese Salad** **\$6.00**

Made with local vine-ripened tomatoes, fragrant young basil, fresh mozzarella & topped with genuine extra-virgin olive oil.
- ★ **Shrimp & Crab Dip** **\$8.00**

Delicious & addictive, you will be begging for more. You can ask for the recipe, but Jack is known for keeping secrets...
- ★ **Spinach Artichoke Dip** **\$8.00**

Blended rich, tangy Parmigiano & Romano cheeses with spinach, artichoke hearts, sautéed onions & roasted red peppers. Served with pita chips.
- ★ **Hummus Plate** **\$6.00**

Our own recipe has a unique blend of herbs & spices. Served with pita chips & Focaccia bread. Enjoy!
- ★ **Cheese Plate** **\$7.00**

Fromage du jour... try this plate if you love your wine with your cheese. Either way you won't be disappointed with our spread.
- ★ **Quesdilla** **\$8.00**

A simple & delicious appetizer. Avocado, roasted red peppers & Monterey Jack cheese makes this the perfect meal for one or an appetizer for two. Served with Pico de gallo. (Add chicken or portobellos for \$2.00.)
- ★ **Shrimp Skewers** **\$8.50**

Ten gulf shrimp drizzled with garlic & lemon-infused olive oil, grilled & topped with Pecorino Romano cheese over a bed of fresh greens.
- ★ **Bruschetta** **\$7.50**

Toasted baguette, fresh mozzarella, Roma tomatoes & pesto, sprinkled with Pecorino Romano cheese & finished with our savory garlic-infused olive oil.
- ★ **Jack's Loaded Nachos** **\$10.50**

A monstrous mound of tortilla chips, shredded Colby Jack & crumbled Gorgonzola cheeses, diced tomatoes, red onions, black beans, yellow corn & grilled chicken. Topped with guacamole & sour cream. A meal for two or a starter for four.

crispy tortilla pizzas

Take your pick! 12-inch pizza on a light tortilla crust • **\$8.50**

- ★ **Ciao Bella**

Grilled portabella mushrooms, red onions, roasted red peppers & Gorgonzola & Romano cheeses piled onto a tortilla shell & brushed with garlic & olive oil, then baked.
- ★ **BBQ Chicken**

Grilled chicken breast, bacon, red onions, cheddar Jack cheese & finished with our tangy BBQ sauce.
- ★ **Chicken Pesto**

Grilled chicken, pesto, red onions, roasted red peppers & Mozzarella & Romano cheeses. A house favorite!



5:00 pm - 10:00 pm
tuesday - saturday

161 e. franklin street . chapel hill
919 933 3575

salads

Add grilled chicken or grilled portobello mushrooms to any salad for \$2.00.

★Tex Mex

Grilled chicken served on romaine lettuce, Roma tomatoes, red onions, corn, black beans, roasted red peppers & shredded cheddar Jack cheese. Topped with guacamole, corn tortilla chips & drizzled in our tangy BBQ sauce.

\$10.50

★Bistro

Mixed greens, Roma tomatoes, Gorgonzola cheese, red onions, roasted red peppers & pine nuts, topped with grilled portobello. Tossed or served with Jack's Balsamic dressing.

\$9.50

The Classic Cobb

A mound of romaine, Gorgonzola cheese, Roma tomatoes, avocado, hard-boiled egg, crispy bacon, rolled Black Forest ham, & sliced roasted turkey. Served with our homemade Dill Ranch dressing on the side.

\$10.50

★Caesar

Crisp romaine lettuce & Pecorino Romano cheese tossed in our homemade Caesar dressing & sprinkled with croutons.

\$7.50

★House

Your classic mix of greens, Roma tomatoes, red onions, toasted almonds, croutons & Romano cheese served with your choice of dressing: Balsamic or Red Wine Vinaigrette, Dill Ranch, Russian, creamy BBQ, Oil & Vinegar, or Spicy Honey Mustard.

S \$3.75
L \$7.50

deli

ATB

Avocado, Turkey & Bacon on lightly toasted whole wheat with Jack's sauce, sprouts, tomato & Swiss cheese.

\$9.50

The Reuben

Thinly sliced corn beef, grilled & piled high on Rye bread & topped with sauerkraut, Swiss cheese & homemade Russian dressing.

\$8.50

★Jack's Veggie

Roma tomatoes, red onions, roasted red peppers & sprouts piled onto fresh wheat bread with cheddar Jack cheese & spicy chipotle mayo.

\$8.50

★Jack's Bean Burger

Our homemade black bean burger, air baked with Jack cheese & served on a toasted Kaiser roll with our spicy chipotle mayo & all the fixings.

\$8.50

Chicken or Tuna Salad Sandwich

Our homemade chicken or tuna salad served on lightly toasted wheat bread or croissant with sprouts & fresh Roma tomatoes.

\$8.50

The Roasted Turkey

Thinly sliced turkey breast, roasted red peppers, pesto mayo, Havarti cheese & spinach on lightly toasted whole wheat bread.

\$8.00

Classic Ham & Swiss

Black Forest ham, sliced, grilled & topped with melted Swiss cheese & spicy Dijon mustard on a toasted Kaiser roll.

\$8.00

Jack's Angus Burger

One-third pound Angus beef topped with Monterey Jack cheese on a toasted bun with mixed greens, tomatoes, red onions, avocado & roasted red peppers. (Add bacon for \$1.00.)

\$8.50

Sides

★Kettle Chips

All natural – potatoes, canola oil & sea salt.

★Side salad

Mixed greens, tomato, onions, almonds, & Pecorino Romano cheese with your choice of dressing.

Bacon Potato Salad

Rich & creamy.

★Pasta Salad

Soup

(take your pick)

Soup du Jour

cup \$4.00

★Tomato Basil

bowl \$5.25

kids

12 & under • \$4.25

Served with kettle chips

★Grilled Cheesy

Cheddar & Jack cheeses on Focaccia.

★Jill's PB&J

Classic. Pressed hot or served cold!

Plain Jane

Turkey or ham, & cheddar or Jack cheese on Focaccia.

★Cheese Quesadilla

With Colby Jack cheese in a flour tortilla. Add grilled chicken for \$2.00. Chipotle sauce or tomatoes added upon request.

**Interested in drinks & dessert?
Just ask your server.**

★Vegetarian Friendly

*Sales tax included in prices.

Wraps

Served in a flour tortilla with a choice of side.
Substitute wheat tortilla for \$0.50.

The Cali

Roasted turkey, bacon, avocado, tomato, red onions, Romaine lettuce & shredded Colby Jack cheese, served with our homemade chipotle sauce.

\$8.50

The Roman

Crisp romaine lettuce, Pecorino Romano cheese, grilled chicken & Caesar dressing.

\$8.50

The Ranch

Grilled chicken, bacon, Jack cheese & romaine lettuce tossed in our homemade Dill ranch dressing.

\$8.50

The Mesa Steak

Top round roast beef grilled with our Mesa sauce & served with corn, tomato, red onions, Jack cheese & crisp romaine lettuce.

\$8.50

★The Santa Fe

Avocado, tomato, black beans, corn, red onions, shredded Colby Jack cheese, romaine lettuce & roasted red peppers with our chipotle sauce.
(Add grilled chicken for \$2.00.)

\$7.00

panini

served with your choice of a side • \$8.50

Toasty Turkey

A classic version of our Toasty Turkey, served Panini style on pressed Focaccia. Our most popular Panini!

Roasty Beef

Roast beef, Jack cheese, red onions, roasted red peppers, spinach & Jack's sauce served on Focaccia.

★Grilled Portobello Sandwich

Grilled portobellos, Jack cheese, red onions, roasted red peppers, spinach & Jack's sauce on Focaccia.

★Fresh Mozzarella Panini

Fresh mozzarella, Roma tomatoes, spinach, salt & pepper, & pesto on Focaccia.

The BBQ Bird

Pulled chicken marinated in our tangy BBQ sauce, red onions, bacon & cheddar cheese, pressed & served on hot Focaccia.

★Grilled Cheesy

Colby Jack cheese, tomatoes optional (Add bacon for \$1.50.)

taste of brunch

★Stuffed French Toast

Our fresh Focaccia stuffed with cream cheese & roasted almonds, grilled with cinnamon egg wash, then topped with our Grand Marnier cream glaze. Sprinkled with powdered sugar & cinnamon & served with whipped cream!

\$8.00

Breakfast Burrito

Your choice of ham, bacon, sausage, or grilled portobello mushrooms with egg, spinach, Colby jack cheese, onion and our chipotle sauce wrapped in a tortilla & grilled. Served with your choice of dinner side.

\$8.00

Breakfast Pizza

A spin on our tortilla pizzas topped with pizza sauce, shredded Colby jack cheese, scrambled eggs, red onions, tomatoes & your choice of sausage, bacon, ham or portobellos. (Extra toppings \$1.00 each)

\$8.00

beverages

Soda Fountain Coke Products	\$1.75
Tropicana Premium	\$2.00
Premium Brewed Iced Tea	\$2.00
Milk, Chocolate Milk	\$1.75
Boylans Ginger Ale	\$2.00
Black Cherry Soda	\$2.00
Creme Soda	\$2.00

coffee

House Blend Coffee	\$2.00
Espresso	\$2.00
Cafe Latte	\$3.50
Cappuccino	\$3.50
Cafe Mocha	\$3.75
Harney & Sons Fine Tea	\$1.75
Hot Chocolate	\$3.00

shakes & Smoothies

Shakes • \$5.00
Smoothies • \$4.00 Add protein • \$0.50

Jack's Mocha Shake

Jill's Latte Shake

Very Berry Smoothie

Strawberry Banana Smoothie

Passion Fruit Smoothie

Interested in drinks & dessert?
Just ask your server.

★Vegetarian Friendly

*Sales tax included in prices.